

# food.

 = Vegan | **GF**=Gluten Free | **GFO**=GF Option | **N**=Nuts | **V**=Vegetarian | **VO**=Veg Option

## **Baguette *The Old Apothecary* 5**

toasted, garlic herb butter, cheese, tomato jam **V**  
OR

fresh, *liquid gold* balsamic & manzanillo olive oil 

## **Olives & Pickles 5 GF**

## **Mixed Nuts 7 GF N**

pistachios, candied walnuts, marcona almonds

## **Oysters 9 (3) | 16 (6) GF**

*eel lake* oyster, mignonette

## **Tidal Bay Steamed Mussels 9 (GFO + \$1)**

local blue mussels, tidal bay, shallot, garlic, butter

## **Spicy Fried Green Beans 7 V GF**

butter, garlic, chili, shaved gouda

## **Confit Duck Croquettes 8**

w/ corn puree, cherry port sauce, lime cabbage slaw

## **Grilled *Kim-Cheese* 8**

*cabbage patch kimchi*, aged cheddar, *LF bakery* sourdough, tumeric mayo

## **build a board! 18 (GFO + \$1.5)**

pick any **3** items from **cheese & charcuterie** list on reverse. Includes house-made pickles & preserves, *the old apothecary* baguette & crostini. Items may also be ordered individually (condiments + \$1 for individual orders). Ask your server about **boards to-go** - perfect for outings or parties!

*Our menu is frequently changing, seasonally-driven & locally-sourced.  
Everything is made in-house except where otherwise noted.*

V= Vegetarian (non-animal rennet) O= Organic

## cheese 6

**Ran-Cher Acres Chèvre.** V  
FRESH goat *Nova Scotia*

**Urban Blue.**  
BLUE cow *Nova Scotia*

**Cendré de Notre-Dame.**  
BLOOMY-RIND cow *Qubec*

**Tête de Moine.**  
SEMI-FIRM cow *Switzerland*

**Aged Gouda.**  
FIRM cow *Holland*

**Gunn's Hill Shepherd's Harvest.**  
FIRM sheep *Ontario*

**Ewesual.**  
HARD sheep *Prince Edward Island*

## charcuterie 6

**Speck.**  
DRY-CURED, SMOKED HAM  
*Austria*

**Chicken Liver Pâté.**  
BRAISED CHICKEN LIVER, SPICES  
*House-made*

**Spicy Pepperette.**  
SMOKED/DRY-CURED GERMAN SAUSAGE  
*Roselane Farm, Nova Scotia*

**Gravlax.**  
DRY-CURED SALMON *House-made*

**Rabbit Rilette.**  
SHREDDED RABBIT PÂTÉ  
*Ratinaud, Nova Scotia*

**Smoked Mackerel.**  
HOT-SMOKED, LOCAL MACKEREL  
*St. Mary's Bay, Nova Scotia*

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ADD **Cosman & Whidden Honeycomb 2**

## sweet things

**Dark Chocolate Cake** dark chocolate, caramel, sea salt **7 GF**

**Chocolate Truffles (3)** ganache-cabernet franc filled, cocoa-dusted **6 GF**

**Chocolate Goat's Milk Fudge** rich, velvety fudge made with goat's milk **5 GF**

**Chocolate Board** sampler board of select chocolate items **9**

## coffee + tea

**Java Blend** espresso, americano **3** cappuccino **3.5**

**World Tea House** (by the pot) rooibos chai, bright berry, breakfast **3**